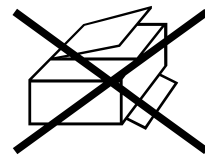


# Heal and Grow

Joint commission by The Greenhouse Singapore and Vox Camerata  
Dedicated to the community, 2023



Music: Lim Han Quan  
Words: The Greenhouse  
version 1.01a' (12 February 2024)

Estimated Performance Duration (Short ver.): 2' 15''

1

Andante

♩ = 80

D

G

Em

A

D

Melody *mp*

Like a seed that has been plan - ted deep with - in the dark. I

Bm

Em

A

5

wait a - lone in si - lence, for my time\_\_\_\_\_ to\_\_\_ come. Like a

D

G

Em

A

D

9

tree that gives\_\_\_\_\_ shel - ter from the sun and rain. I

F#m

Bm

Em

Asus4

A

13

stand stead - fast for all,\_\_\_\_\_ seek - ing so - lace in un - cer - tain - ty. I can

2

F#/A#

Bm

A/C#

D

Em

D/F#

E/G#

A

D/F#

17

*poco cresc.*

heal\_\_\_\_\_ if you help\_\_\_\_\_ me; we were al - ways meant to live,\_\_\_\_\_ I can

21

G A F#m Bm Em A D Em A

*mp* *p*

grow\_\_ if you let\_\_ me; so much more that I can give.

3

26

D Em A D

*mp*

Have no fear when I'm here;\_\_ you'll ne-ver walk a - lone\_\_ a - gain. There's no

30

Bm F#m Em Asus4 A

*mf* *mp*

night\_\_ so\_\_ long,\_\_\_\_ that does-n't end\_\_ with\_\_ dawn.

34

D Em F# Bm

*mf*

Have no fear when we're here\_\_ since we'll\_\_ al - ways be with you. And

38

G A7/G F#m Bm Em Asus4 A

if you feel lost and wan - der you'll al - ways find your way\_\_\_\_\_

42

D D/G D

*mp* *p*

home.\_\_\_\_\_ Ooh.\_\_\_\_\_