

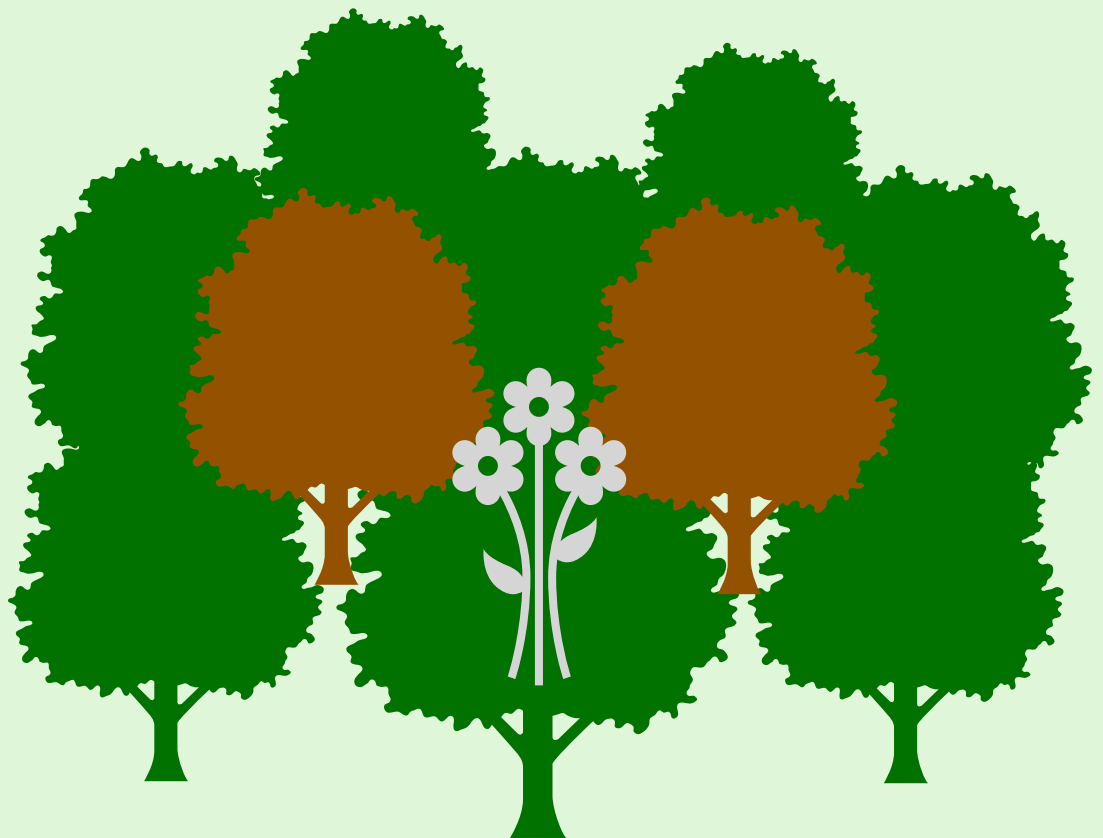
Music for Choir

2023

The Greenhouse Anthem

For unaccompanied 4-part voices

optional soloist (melody) part included



Joint commission by



and



Heal and Grow

Words

The Greenhouse

Music

Lim Han Quan





*Like a seed that has been planted
Deep within the dark
I wait alone in silence
For my time to come
Like a tree that gives shelter
From the sun and rain
I stand steadfast for all
Seeking solace from uncertainty*

*I can heal if you help me
We were always meant to live
I can grow if you let me
So much more that I can give*

*Have no fear when I am here
You'll never walk alone again
There is no night so long
That doesn't end with dawn
Have no fear when I am here
You'll never walk alone again
May all who feel lost and wander
Always find their way home*

*Like a seed that has been planted
Deep within the dark
I wait alone in silence
For my time to come
Like a tree that gives shelter
From the sun and rain
I stand steadfast for all
Seeking solace from uncertainty*

*I can learn if you show me
How to find my worth and live my life
I can serve if you let me
We were always meant to thrive*

*Have no fear when I am here
You'll never walk alone again
There is no night so long
That doesn't end with dawn
Have no fear when I am here
You'll never walk alone again
May all who feel lost and wander
Always find their way home*

*May all who feel lost and wander
Always find their way home*

*Heal and Grow
The Greenhouse Anthem (2023 ~)*





A trauma focused recovery centre for marginalised and vulnerable communities, *The Greenhouse* provides a supportive environment, with a strong sense of community, where members learn, change and grow without fear of prejudice or judgement. It prides itself as a safe place to connect purposefully with the self and others.

Vox Camerata, established in 2004, is a centre of advocacy, discovery, learning and practice for choral music making in Singapore. The members of *Vox Camerata* hail from all walks of life — students, retirees, and mid-career professionals of varying ages, ethnicities, religions and nationalities.

Vox Camerata's mission is to introduce the joy of singing to everyone who is keen on making good choral music, regardless of their musical knowledge, background and experience. It prides itself as a place where choral music not just available, but also accessible. Because of this non-auditioned approach, many of *Vox Camerata*'s singers are people who would otherwise have never been able to experience both the joys and tribulations that are unique to the choral singing experience.

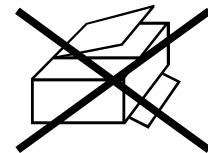


Heal and Grow is a song of hope, its title based on the tagline of the The Greenhouse. *Heal and Grow* was jointly commissioned in 2023 by The Greenhouse and Vox Camerata, for The Greenhouse's Christmas gift to our Singaporean community.

The text for *Heal and Grow* was taken from the hopes and dreams volunteers and clients had when they participated in a workshop together.

Heal and Grow

Joint commission by The Greenhouse Singapore and Vox Camerata
for a Christmas present to the community, 2023



Music: Lim Han Quan
Words: The Greenhouse
version 1.01a (8 September 2023)

Estimated Performance Duration: 5' 30''

1

Andante

♩ = 80

Melody

Soprano

Alto

Tenor

Bass

pp Ooh *p* *div.* *mp* Like a

Ooh_ ooh_ ooh_ ooh_

Ooh_ ooh_ ooh_ ooh_ Like a

Ooh_ ooh_ ooh_ ooh_

Ooh_ ooh_ ooh_ ooh_

Ooh_ ooh_ ooh_ ooh_

2

M

A

T

B

6

seed that has been plan - ted deep with - in the dark. I

seed that has been plan - ted deep with - in the dark. I

Ooh_ ooh_

Ooh_ ooh_

10

M
wait a - lone in si - lence, for my time_____ to_ come. Like a
mp
a 2

S
Like a

A
wait a - lone in si - lence, for my time_____ to_ come. Like a

T
ooh

B
ooh

14

M
tree that gives_____ shel - ter from the sun and rain. I

S
tree that gives_____ shel - ter from the sun and rain. I

A
tree that gives_____ shel - ter from sun and rain. I

T
Ooh_____ ooh_____ I

B
Ooh_____ ooh_____ ooh_____

18

M *mf* *p*
stand stead-fast for all, seek-ing so-lace in un-cer-tain-ty. I can

S *mf* *p*
stand stead-fast for all, seek-ing so-lace in un-cer-tain-ty. I can

A *mf* *p*
stand stead-fast for all, seek-ing so-lace. I can

T *mp* *p*
stand for all, in un-cer-tain-ty. I can

B *mp* *p*
ooh

3

22 *poco cresc.* *mp*

M heal if you help me; we were al-ways meant to live, I can

S *poco cresc.* *mp*
heal if you help me; we were al-ways meant to live, I can

A *poco cresc.* *mp*
heal help me; al-ways live, I can

T *poco cresc.* *mp*
heal help al-ways live, I

B *poco cresc.* *mp*
heal help me; al-ways live, I

bottom opt.

26

M *mp* *p*
grow__ if you let__ me; so much more that I can give.

S *mp* *p*
grow__ if you let__ me; so much more that I can give.

A *mp* *p*
grow if you let__ me; much more I can give. Ooh__

T *mp* *p*
grow if you__ let me; much more I can give. Ooh__

B *mp* *p*
grow if you let me; so much more that I can give. Ooh__

4

31 *mp*
M Have no fear when I'm here;_you'll ne-ver walk a - lone__ a - gain. There's no

S *mp*
Have no fear when I'm here;_you'll ne-ver walk a - lone__ a - gain. There's no

A *mp*
Have no fear when I'm here;_you'll ne-ver walk a - lone__ a - gain. There's no

T *mp*
Have no fear when I'm here;_you'll ne-ver walk a - lone__ a - gain. There's no

B *mp*
Have no fear when I'm here;_you'll ne-ver walk a-lone a - gain. There's no

35

M *mf* *mp*
 night so long, that does-n't end with dawn.

S *mf* *mp*
 night so long, that does-n't end with dawn.

A *mf*
 night so long, does-n't end with dawn.

T *mf*
 night so long, that does-n't end with dawn.

B *mf*
 night so long, that does-n't end with dawn.

39

M *mf*
 Have no fear when we're here since we'll al - ways be with you. And

S *mf*
 Have no fear when we're here since we'll al - ways be with you. And

A *mp* *mf*
 Have no fear when we're here since we'll al - ways be with you. And

T *mp* *mf*
 Have no fear when we're here since we'll al - ways be with you. And

B *mp* *mf*
 Have no fear when we're here since we'll al - ways be with you. And

43

M if you feel lost and wan - der you'll al - ways find your way_____

S if you feel lost and wan - der you'll al - ways find your way_____

A if you feel lost and wan - der you'll al - ways find your way_____

T if you feel lost and wan - der you'll al - ways find_____

B if you feel lost and wan - der you'll al - ways find_____

47

M *mp* home._____ Like a

S *p* home._____ ooh_ *div.* Ooh_ ooh_

A *p* home._____ ooh_ Ooh_ ooh_

T *p* home._____ ooh_ Ooh_ ooh_ *mp* Like a

B *p* home._____ ooh Ooh ooh._____

5

51

M
seed that has been plan - ted deep with - in the dark. I

A
div. Ooh
Ooh ooh

T
seed that has been plan - ted deep with - in the dark. I

B
Ooh ooh

55

M
wait a - lone in si - lence, for my time to come. Like a

S
p Ooh *mp* ooh Ooh

A
ooh Like a

T
wait a - lone in si - lence, for my time to come. Like a

B
ooh ooh Ooh

59

M tree that gives shel - ter from the sun and rain. I

S tree gives shel - ter from the sun and rain I

A tree that gives shel - ter from the sun and rain. I

T tree that gives shel - ter from the sun and rain I

B *mp* Ooh ooh I

63

M stand stead-fast for all, seek-ing so-lace in un - cer - tain-ty. I can

S stand stead-fast for all, seek-ing so-lace in un - cer - tain-ty. I can

A stand stead - fast for all, seek-ing so - lace.

T stand stead - fast for all, seek-ing so-lace in un - cer - tain-ty.

B stand stead - fast for all in un - cer - tain-ty.

6

67

M *mf*
learn__ if you show__ me how to find my worth to live my life, I can

S *mf*
learn__ if you show__ me how to find my worth to live my life, I can

A *mf*
learn_____ show me_____ I can

T *mf*
find_____ live life, I can

B *mf*
Ooh__

71

M *f*
serve__ if you let__ me; we were al-ways meant to thrive. thrive.

S *f*
serve__ if you let__ me; we were al-ways meant to thrive. thrive.

A *f*
serve_ if you let__ me; we were al-ways meant to thrive. thrive._____

T *f*
serve_____ if you let me; we were al-ways meant to thrive. thrive._____

B *f*
ooh_____ we were al-ways meant to thrive. thrive.

7

76

M Have no fear when I'm here;—you'll ne-ver walk a - lone_ a - gain. There's no

S Have no fear when I'm here;—you'll ne-ver walk a - lone_ a - gain. There's no

A Have no fear when I'm here;—you'll ne-ver walk a - lone_ a - gain. There's no

T Have no fear when I'm here;—you'll ne-ver walk a - lone_ a - gain. There's no

B Have no fear when I'm here;—you'll ne-ver walk a-lone a - gain. There's no

80

M night___ so___ long,_____ that does-n't end___ with___ dawn. *mf*

S night___ so___ long,_____ that does-n't end___ with___ dawn. *mf*
div. opt.

A night___ so___ long,_____ that does-n't end___ with___ dawn. *mf*

T night so___ long,_____ that does-n't end___ with___ dawn. *mf*

B night so long,_____ that does-n't end with dawn. *mf*

84

M *f* Have no fear when we're here__ since we'll__ *ff* al - ways be with you. And

S *f* Have no fear when we're here__ since we'll__ *ff* al - ways be with you. And

A *f* Have no fear when we're here__ since we'll al - ways be with you. And

T *f* Have no fear when we're here__ since we'll al - ways be with you. And

B *f* Have no fear when we're here__ since we'll al - ways be with you. And

88

M *mf* if you feel lost and wan - der you'll al - ways find your way_____

S *mf* if you feel lost and wan - der you'll al - ways find your way_____

A *mf* if you feel lost and wan - der you'll al - ways find your way_____

T *mf* if you feel lost and wan - der you'll al - ways find_____

B *mf* if you feel lost and wan - der you'll al - ways find_____

8

meno mosso

♩ = 72

mp solo

92

p

M home. _____ May all who feel lost and wan - der _____

p *fading into thin air*

S home. _____ Ooh _____ you'll

p

A home. _____ Ooh _____ you'll

p

T home. _____ Ooh _____

p

B home. _____ Ooh _____

a tempo

♩ = 80

98

S al - ways find your way _____ Ooh _____

A al - ways find your way _____

T you'll find your way

B

rit.

100

M

Spoken: May you be happy; may you be healthy; may you be safe;

(mp)

S

Ooh

A

home.

Ooh.

T

home.

Ooh

B

Ooh

Ooh

Lento

♩ = 64

103

M

and may you live with ease.

S

ooh.

pp

A

pp

T

p

pp

B

Ooh.

pp

div. (if possible)



Music for Choir

Heal and Grow

*For unaccompanied 4-part voices
and optional melody (solo) part*

Words **The Greenhouse**

Music **Lim Han Quan**

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